



San Diego County

D E N T A L S O C I E T Y

Low-Cost/Free Dental Clinic List

This list includes dental clinics throughout San Diego County, UCSD Pre-Dental Student Run Free Clinics and additional resources.

San Diego County Dental Society
1275 W Morena Blvd. Ste. B
San Diego, CA 92110
T: (619) 275-7188

SAN DIEGO COUNTY DENTAL CLINICS

NAME, ADDRESS & PHONE	HOURS & WEBSITE	ELIGIBILITY/ SERVICES OFFERED	FEES & ADDITIONAL INFO
American Indian Health Center 2630 First Ave. San Diego, CA 92103 Tel: (619) 234-2158	Mon - Fri 8:00 AM - 6:30 PM www.sdaihc.org	All San Diego residents one year and up. Healthy Families, Mental/Dental Help.	Sliding fee scale, Medi-Cal and various insurance.
Children's Dental Health Center of San Diego 1270 24th St. San Diego, CA 92102 Tel: (619) 234-8131	Mon - Fri 8 AM - 4:30 PM https://www.childrensdentalhealth.org/index.html	0-20 years of age, for low-income families and/or those unable to afford private care	\$20.00 fee for initial check-up, including X- ray. Denti-Cal, CHDP, and Healthy Families. No private insurance.
Community Health Systems Inc. - Fallbrook Dental Clinic 1328 S Mission Rd. Fallbrook, CA 92028 Tel:(760) 451-4720	Mon - Fri 8 AM - 5:30 PM Sat 8 AM - 5 PM http://www.chsica.org/index.htm	Preventive and restorative dental care for adults and children	Sliding fee scale, Medi-Cal and various insurance.
Family Health Centers of S.D. - City Heights 5454 El Cajon Blvd. San Diego, CA 92115 Tel: (619) 515-2442	Mon - Fri 8:15 AM - 5:PM https://www.fhcsd.org/city-heights/	Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening	Sliding fee scale, Medi-Cal and various insurance.

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<p>Family Health Centers of S.D. - Diamond Neighborhoods 4725 Market St. San Diego, CA 92102 Tel: (619) 515-2420</p>	<p>Mon - Fri 8:15 AM - 5 PM Closed for lunch 1 - 2 PM https://www.fhcsd.org/diamond-neighborhoods/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Family Health Centers of S.D. - El Cajon 525 E Main St El Cajon, CA 92020 Tel: (619) 515-2498</p>	<p>Mon - Fri 8:30 AM - 5:30 PM Closed for lunch 12:30 - 1:30 PM https://www.fhcsd.org/el-cajon/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Family Health Centers of S.D. - Elm Street 140 Elm St. San Diego, CA 92101 Tel: (619) 515-2543</p>	<p>Mon - Fri 8:15 AM - 5 PM Closed for lunch 1-2 PM https://www.fhcsd.org/elm-street/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Family Health Centers of S.D. - Grossmont/Spring Valley 8788 Jamacha Rd. Spring Valley, CA 91977 Tel: (619) 515-2330</p>	<p>Mon - Fri 8:15 AM - 5 PM Closed for lunch 1-2 https://www.fhcsd.org/grossmont-spring-valley/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>

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<p>Family Health Center of San Diego - Hillcrest 4094 Fourth Ave. San Diego, CA 92103 Tel: (619) 515-2434</p>	<p>Mon - Wed 8 AM - 9 PM Friday 8 AM - 9 PM https://www.fhcsd.org/hillcrest/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Family Health Centers of S.D. - Logan Heights 1809 National Ave. San Diego, CA 92113 Tel: (619) 515-2394</p>	<p>Mon - Fri 8:15 - 5 PM https://www.fhcsd.org/logan-heights/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Family Health Centers of S.D. - North Park 3544 30th St. San Diego, CA 92104 Tel: (619) 515-2424</p>	<p>Mon - Fri 8:30 AM - 5:30 PM Closed for lunch 12:30-1:30 PM https://www.fhcsd.org/north-park/</p>	<p>Emergency and comprehensive oral exams, dental cleanings, fillings, crowns, root canal Treatments, extractions, dentures & partials, digital X-rays, periodontics, teeth whitening</p>	<p>Sliding fee scale, Medi-Cal and various insurance.</p>
<p>Indian Health Council (Rincon Dental Clinic) 50100 Golsh Rd. Valley Center, CA 92082 Tel: (760) 749-1410</p>	<p>Mon - Fri 8 AM-6:30 PM https://www.indianhealth.com/dental</p>	<p>Any Native American. Endodontic, orthodontic, pediatric and general dentistry services are offered</p>	<p>Fees according to tribe and location</p>

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Indian Health Council (Santa Ysabel Clinic) 110 1/2 School House Canyon Rd Santa Ysabel CA 92070 Tel: 760-765-4203	Mon - Fri 8 AM - 4:30 PM https://www.indianhealth.com/dental	Any Native American. Endodontic, orthodontic, pediatric and general dentistry services are offered	Fees according to tribe and location
La Maestra Community Health Centers - City Heights 4305 University Ave. Ste 120 San Diego, CA 92105 Tel: (619) 285-8135	Mon - Fri 8 AM-5 PM Sat. 8 AM-2 PM https://www.lamaestra.org/	Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.	Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances
La Maestra Community Health Centers - City Heights 4305 University Ave. Ste 150 San Diego, CA 92105 Tel: (619) 501-1235	Mon-Fri 8 AM - 5 PM https://www.lamaestra.org/	Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.	Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances
La Maestra Community Health Center - El Cajon 183 South First El Cajon, CA 92019 Tel: (619) 328-1335	Mon - Fri 8:30 AM - 5:30 PM https://www.lamaestra.org/index.html	Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.	Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances
La Maestra Community Health Center - El Cajon 183 South First El Cajon, CA 92019 Tel: (619) 795-5983	Mon - Fri 8:30 AM - 5:30 PM https://www.lamaestra.org/index.html	Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.	Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances

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<p>La Maestra Community Health Center - Lemon Grove 7967 Broadway Ave Lemon Grove, CA 91945 Tel: (619) 741-3045</p>	<p>Mon - Fri 8:30 AM - 5:30 PM https://www.lamaestra.org/index.html</p>	<p>Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.</p>	<p>Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances</p>
<p>La Maestra Community Health Center - Lemon Grove 7139 Broadway Ave. Lemon Grove, CA 91945 Tel: (619) 255-9160</p>	<p>Mon/Tues/Thurs 8 AM - 5 PM https://www.lamaestra.org/index.html</p>	<p>Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.</p>	<p>Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances</p>
<p>La Maestra Community Health Centers - National City 217 Highland Ave. National City, CA 91950 Tel: (619) 516-2463</p>	<p>Mon - Fri 8 AM - 5:30 PM https://www.lamaestra.org/</p>	<p>Patients of all ages. Free screenings, diagnostic, preventive and restorative procedures, endodontics, periodontics, prosthetics, and oral surgery.</p>	<p>Sliding scale, Denti-Cal, CHDP, Healthy Families, Delta Dental and other various insurances</p>
<p>Naval Branch Dental Clinic - Active Duty Only 2310 Craven St. Bldg. 3230 San Diego, CA 92136 Tel: (619) 556-8240</p>	<p>Mon - Fri 6:45 AM - 3:15 PM https://www.med.navy.mil/sites/nmc/sd/pages/patients/nbhc-nbsd-dental.aspx</p>	<p>Active duty only</p>	<p>No fees for active duty, Navy only.</p>
<p>Neighborhood Healthcare - Escondido (Ray M. Dickinson Wellness Center) 425 N Date St. Escondido, CA 92025 Tel: (760) 520-8330</p>	<p>Mon - Fri 8 AM - 5 PM Sat 8 AM - 2 PM https://www.nhcare.org/</p>	<p>Dental exams, oral hygiene education, simple extractions, prophylaxis, scaling and root planing, fillings, sealants, space maintainers and emergencies.</p>	<p>Sliding fee scale and Denti-Cal only</p>

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Neighborhood Healthcare - Lakeside 10039-B Vine St. Lakeside, CA 92040 Tel: (619) 390-9135	Mon - Fri 8 AM - 5 PM Closed for lunch Mon/Tues/Thurs/Fri 12 - 1 PM Wed 12 - 1:30 PM https://www.nhcare.org/	Dental exams, oral hygiene education, simple extractions, prophylaxis, scaling and root planing, fillings, sealants, space maintainers and emergencies.	Sliding fee scale and Denti-Cal only
Neighborhood Healthcare - Pauma Valley 16650 Highway 76 Pauma Valley, CA 92061 Tel: (760) 742-9919	Mon - Wed 8 AM - 12PM, 1 PM - 5 PM https://www.nhcare.org/healthcare-centers/pauma-valley-healthcare-center	Dental exams, oral hygiene education, simple extractions, prophylaxis, scaling and root planing, fillings, sealants, space maintainers and emergencies.	Sliding fee scale and Medi-Cal/Denti-Cal only
North County Health Services- Oceanside 2216 El Camino Real #121-122 Oceanside, CA 92056 Tel: (760) 736-6767	Mon 9 AM - 6 PM Tues - Fri 8 AM - 5 PM Sat 8 AM - 2 PM www.nchs-health.org	Routine and hygiene exams, sealants, deep cleanings, fluoride treatments, fillings and extraction, root canals and denture fittings.	Sliding fee scale, Medi-Cal/Denti-Cal, other various insurances.
North County Health Services- Ramona 217 Earlham St. Ramona, CA 92056 Tel: (760) 789-1223	Mon - Fri 8 AM - 5 PM www.nchs-health.org	Routine and hygiene exams, sealants, deep cleanings, fluoride treatments, fillings and extraction, root canals and denture fittings.	Sliding fee scale, Medi-Cal/Denti-Cal, other various insurances.

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North County Health Services-San Marcos 150 Valpreda Rd. San Marcos, CA 92069 Tel: (760) 736-6794	Mon - Fri 8 AM - 5 PM Closed for lunch 12 - 1 PM Walk-ins 7:30 AM - 9 AM, 1 - 2 PM (call for same day appts.) www.nchs-health.org	Routine and hygiene exams, sealants, deep cleanings, fluoride treatments, fillings and extraction, root canals and denture fittings.	Sliding fee scale, Medi-Cal/Denti-Cal, other various insurances.
Operation Samahan Health Clinic - Mira Mesa 10737 Camino Ruiz Ste 235 San Diego, CA 92126 Tel: (858) 578-4220	Mon/Tues/Thurs/Fri: 8:30 AM - 5:30 PM Wed 10 AM - 7 PM 1st Sat of the month 8:30 AM - 5:30 PM https://www.operationsamahan.org/en/	Comprehensive exams, screenings, X-rays, sealants, prophylaxis, fluoride treatments, pediatric, endodontic, periodontic and oral surgery treatment.	Sliding scale, Medi-Cal, other various insurances
Operation Samahan Health Center 2835-A Highland Ave. National City, CA 91950 Tel: (619) 474-5567	Mon - Fri 8:30 AM - 5:30 PM https://www.operationsamahan.org/en/	Comprehensive exams, screenings, X-rays, sealants, prophylaxis, fluoride treatments, pediatric, endodontic, periodontic and oral surgery treatment.	Sliding fee scale, Medi-Cal, other various insurances
San Ysidro Health Centers - CHC- Ocean View 3177 Ocean View Blvd. San Diego, CA 92113 Tel: (619) 231-9300 ext 3134	Mon - Fri 8 AM - 5 PM Sat 8 AM - 4 PM http://www.syhc.org/	Adult and pediatric dentistry	Sliding fee scale, Medi-Cal, other various insurances
San Ysidro Health Centers - Chula Vista 678 3rd Ave. Chula Vista, CA 91910 Tel: (619) 662-4100	Mon - Fri 8 AM - 5 PM Sat 8 AM - 4 PM http://www.syhc.org/	Adult and pediatric dentistry, endodontics, orthodontics and oral surgery	Sliding fee scale, Medi-Cal, other various insurances

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San Ysidro Health - King-Chavez Health Center 950 S Euclid Ave. San Diego, CA 92114 Tel: (619) 662-4100	Mon - Fri 8 AM - 5 PM Sat 8 AM - 4 PM http://www.syhc.org/	Adult dentistry. Special needs adult dentistry available at this location	Sliding fee scale, Medi-Cal, other various insurances
San Ysidro Health - Maternal & Child Health Center 4050 Beyer Blvd 3rd Floor San Ysidro CA 92173 Tel: (619) 662-4180	Mon - Fri 8 AM - 5 PM http://www.syhc.org/	Adult and pediatric dentistry, endodontics, orthodontics and oral surgery.	Sliding fee scale, Medi-Cal, other various insurances
San Ysidro Health - Children's Dental Center at Rady Children's Hospital 8110 Birmingham Way Bldg. 28 San Diego, CA 92123 Tel: (858) 966-4094	<u>Mon.-Fri. 8 AM - 5 PM</u> http://www.syhc.org/	Pediatric dentistry. Special needs pediatric dentistry available at this location	Sliding fee scale, Medi-Cal, other various insurances
San Ysidro Health Centers - South Bay 330-340 E 8th St. National City, CA 91950 Tel: (619) 205-6363	Mon - Fri 8 AM - 5 PM Closed for lunch 12 - 1 PM http://www.syhc.org/	Adult and pediatric dentistry, endodontics, orthodontics and oral surgery.	Sliding fee scale, Medi-Cal, other various insurances
Southern Indian Health Council 4058 Willows Rd. Alpine, CA 91901 Tel: (619) 445-1188 x740	Mon - Fri 8 AM - 5:30 PM www.sihc.org	Routine exams, oral hygiene cleanings, fillings, crowns bridges and partials, root canals, some extractions and minor surgery with referrals for specialty care.	various PPO and private insurances and Medi-Cal. No sliding fee scale available.

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Southern Indian Health Council 36350 Church Rd. Campo, CA 91960 Tel: (619) 478-2225 x740	www.sihc.org	Routine exams, oral hygiene cleanings, fillings, crowns bridges and partials, root canals, some extractions and minor surgery with referrals for specialty care.	various PPO and private insurances and Medi-Cal. No sliding fee scale available.
St. Vincent de Paul Village Dental Clinic 1501 Imperial Ave. San Diego, CA 92102 Tel: (619) 223-8500 x1418	Mon/Tues/Wed/Fri 8:30am-11:45am, 12:30-4:45pm Thurs 8:30am-11:45am, 1:00pm-4:45pm, 5:30pm-8:45pm	preventative and restorative dentistry, dental prosthetics and full/partial dentures for both children and adults.	This location is only accepts patients that are considered homeless. Accepts Medi-Cal and sliding fee scale.
Southwestern College Dental Hygiene Program 880 National City Blvd. National City, CA 91950 Tel: (619) 216-6663	Hours vary, students schedule own appts. https://www.swccd.edu/programs-and-academics/health-and-medical-occupations/dental-hygiene-program/dental-hygiene-clinic/index.aspx	x-rays, oral cancer screenings, sealants cleanings, fluoride treatments, scaling and root planing.	Services are free when you schedule an appointment with a student. Please call and leave a voicemail for a student to reach out to you.
Sycuan Indian Health/Dental Center 5442 Sycuan Rd. El Cajon, CA 92019 Tel: (619) 445-0707 x142	Mon/Thurs 8 AM - 6 PM Tues/Wed/Fri 8 AM - 4 PM https://www.sycuanmedicaldentalcenter.org/copy-of-medical-department	Prophylaxis, x-rays, restorative treatment, extractions, root canals, crowns bridges and partials, dentures and whitening.	Sliding fee scale, Medi-Cal and other various insurances.
Vista Community Clinic - Vista 1000 Vale Terrace Ste 202 Vista, CA 92084 Tel: (844) 308-5003	Mon - Thurs 8 AM - 8 PM Fri 8 AM - 5:30 PM Sat 9 AM - 4 PM www.vistacommunityclinic.org	Cleanings, exams, emergency care, extractions, fillings and sealants, x-rays and some restorative treatment.	Sliding fee scale, Medi-Cal and other various insurances.

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Vista Community Clinic - Oceanside 818 Pier View Way Oceanside, CA 92054 Tel: (844) 308-5003	Mon/Tues/Thurs/Fri 8 AM - 5 PM Wed 8 AM - 7 PM Sat. 9 AM - 4 PM www.vistacommunityclinic.org	Cleanings, exams, emergency care, extractions, fillings and sealants, x-rays and some restorative treatment.	Sliding fee scale, Medi-Cal and other various insurances.

UCSD PRE-DENTAL STUDENT RUN FREE CLINIC SITES			
Downtown Clinic First Lutheran Church 1420 Third Avenue San Diego, CA 92101	Monday only 5:30 - 10:00 PM		No fees. This clinic is often unable to accept new patients
Pacific Beach Clinic Pacific Beach United Methodist Church 1561 Thomas St. San Diego, CA 92109	Wednesday's only: 4:30 - 9:30 PM		No fees. This clinic is often unable to accept new patients
Lemon Grove Clinic Lemon Grove Academy 7866 Lincoln St. Lemon Grove, CA 91945	every other Friday: 1 - 5 PM		No fees. This clinic is often unable to accept new patients

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ADDITIONAL RESOURCES			
<p>Anderson Center for Dental Care 3020 Children's Way San Diego, CA 92123 (800) 788-9029</p>	<p>https://www.rchsd.org/programs-services/center-for-healthier-communities/anderson-center-for-dental-care/</p>	<p>Under 18; has early childhood cavities (BBTD); or a severely disabling medical condition and requires dental care. Income less than \$40,000; no other funding available to cover full cost of treatment.</p>	<p>This service is a grant to cover dental expenses - NOT A CLINIC.</p>
<p>SD-KHAN San Diego, CA 92110 Tel: (619) 542-4039</p>	<p>Mon-Fri 8 AM - 5 PM https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/san_diego_kids_health_assurance_network.html</p>	<p>SD-KHAN is a collaboration of local community-based organizations, hospitals, government agencies, health plans, and schools working together to connect all children in San Diego County to medical and dental coverage.</p>	
<p>Migrant Education Program-San Diego County Office of Education 6401 Linda Vista Rd. San Diego, CA 92111 Tel: (760) 761-5564</p>	<p>https://www.sdcoe.net/student-services/migrant-education/Pages/default.aspx</p>	<p>Children ages 3-21 currently enrolled in the Migrant Education Program only.</p>	<p>Based on ability to pay. When no other resource exists and problem interferes or has potential to interfere with school performance, emergency care is paid for. Healthy Families</p>

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Share the Care-San Diego Co. Dept. of Health Services PO Box 85222 San Diego, CA 92186 Tel: (619) 692-8858	Mon-Fri 8 AM - 5 PM http://sharethecaredental.org/STC_V2/	Children aged 5-18 in need of urgent dental care (pain or infection), who receive or are eligible for free or reduced school lunch and w/o insurance. Must receive referral from a school nurse, health clinic or community agency.	
County Medical Services PO Box 939016 San Diego, CA 92193 Tel: 1-800-587-8118	Mon-Fri 8 AM - 12 PM, 1 PM - 5 PM https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/county_medical_services.html	Adults 21-64 who have an immediate or or long-term medical need, are a San Diego County and U.S. citizen or eligible alien and meet CMS financial requirements.	Emergency dental care free of charge only to qualified individuals.
CHDP San Diego 3851 Rosecrans St San Diego, CA 92110 Tel: (619) 692-8808	https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/child_health_disability_prevention_program/	To receive CHDP services, children and youth must live in California and meet one of the following requirements: Up to 21 years of age and on Medi-Cal. Up to 19 years of age and from a low-income family. Between the ages of 3 and 5 years and attend a Head Start or state preschool. In foster care.	CHDP Exams include an oral health assessment for qualifying children/adolescents.